



**Seventh Annual**

**Coordinated Leadership Conference**

Seniors and Adults With Disabilities Advocating For Change

**"Local Solutions  
To  
Statewide Challenges"**

**Hilton Hotel - Concord, CA  
May 5-7, 2004**



Hosted By:

California Association of Area Agencies on Aging

Partners:

AARP

California Foundation for Independent Living Centers

California Commission on Aging

California Department of Aging

California Department of Health Services

California Department of Mental Health

California Department of Rehabilitation

California Association of Caregiver Resource Centers

California Senior Legislature

State Independent Living Council

Triple A Council of California

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**“Local Solutions To Statewide Challenges”**

**Foundation and Goals for the Conference**

**Common Vision**

The Coordinated Leadership Conference is unique as it brings together leaders in the aging and disability communities for the purpose of designing and implementing a coordinated advocacy effort and creating a vision for the future. The focus of this year’s conference is identifying successful local programs, spotlighting their ability to bring about change, and translating them into statewide action.

**Shared Themes**

The conference features a series of interactive sessions on issues that merit mutual attention and action by the aging and disability communities. The sessions are designed to encourage individual participation through group discussion, and to facilitate the development of action steps. Each session will address shared themes such as:

- Supporting the need to be independent;
- Expanding consumer choices;
- Reaching multi-cultural and underserved communities;
- Validating relevance to statewide planning and policy; and
- Demonstrating sustainability and replication.

**Mutual Agenda**

The conference will present nine sessions focusing on innovative programs which improved services to seniors and persons with disabilities. The sessions include topics such as:

- Assisting Caregivers in Transition;
- Transitioning from the Nursing Home;
- Treating Depression in Family Caregivers;
- Validating Shared Housing;
- Expanding ADHC to Serve Adults with Developmental Disabilities;
- Training to Increase Use of Transportation Services;
- Reaching Out to Diverse Communities;
- Building An Infrastructure for Local and Statewide Advocacy; and
- Moving the SB910 Aging Plan Forward.

**Collective Action**

The Conference will generate public policy principles that the disability and senior communities can embrace and work together to implement locally as well as statewide. An example of a shared principle could be “The money follows the person.”

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**Program At A Glance**

**Wednesday, May 5, 2004**

Registration	9:00 a.m. – 5:00 p.m.
Opening Session	1:30 p.m. – 2:45 p.m.
Issue Sessions	3:00 p.m. – 5:00 p.m.
Dinner	6:30 p.m. – 9:00 p.m.

**Thursday, May 6, 2004**

Continental Breakfast	7:30 a.m. – 9:00 a.m.
Issue Sessions	9:00 a.m. – 11:30 a.m.
Lunch	11:30 a.m. – 1:30 p.m.
Issue Sessions	1:30 p.m. – 3:30 p.m.
General Session	3:45 p.m. – 5:00 p.m.
Reception	6:00 p.m. – 7:30 p.m.

**Friday, May 7, 2004**

Continental Breakfast	7:30 a.m. – 9:00 a.m.
Report Out	9:00 a.m. – 10:30 a.m.
Closing Session	10:30 a.m. – 11:30 a.m.

TTY	1-800-806-4474
Speech to Speech	1-800-854-7784
Voice	1-800-806-1191

**Coordinated Meetings**

AAA Planners  
Wednesday, May 5 2004 at 9:00 a.m.

AARP – Legislative Advisory Team  
Friday, May 7, 2004 at 12:30 p.m.

California Commission on Aging  
Tuesday, May 4, 2004 from 10:30 a.m. to 5:00 p.m.  
Wednesday, May 5, 2004 from 8:30 a.m. to 12:00 noon

TACC – Workshops  
Thursday, May 6, 2004 from 1:30 p.m. to 3:30 p.m.

- Recruiting Members for Local Advisory Councils
- Implications of the Long Range Strategic Plan on Aging

TACC – Business Meeting  
Friday, May 7, 2004 from 11:00 a.m. to 1:30 p.m.

**Pre-Conference Training**

Hilton Hotel – Concord, CA  
May 5, 2004, 9:00 a.m. – 12:00 noon

**“Road to Driving Wellness: A Train-the-trainer Program  
for Community Driving Safety”**

Join the The Older Californians Traffic Safety Task Force for an engaging driving wellness class and activity program designed by the American Society on Aging. Separate registration is required for this training program.

**Details**

**Hotel Reservations:** Make your lodging reservations by calling the Hilton Hotel – Concord, CA directly at (925) 827-2000. Refer to the Coordinated Leadership Conference to receive the special conference lodging rate of \$84 single / \$94 double per night. Deadline for the special conference lodging rate is April 23<sup>rd</sup>.

**Conference Registration:** A registration fee of \$195 includes Wednesday dinner; Thursday continental breakfast, lunch, and evening reception; and Friday continental breakfast.

**Transportation from Oakland International Airport:**

**Shuttle Service—East Bay Connection** (925) 609-1925—minimum charge is \$25.

**Bay Area Rapid Transit (BART)**—Take BART bus from airport to BART station, take Bay Point/Pittsburg line, get off at Concord station. Call the Hilton Hotel shuttle on the phone provided at the Concord BART station. Hilton Hotel shuttle runs from 7:00 a.m. to 10:30 p.m. on availability. Average charge is \$6. ([www.bart.gov](http://www.bart.gov))

**Taxi**—Average charge is \$55.

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**“Local Solutions To Statewide Challenges”**

**Issue Sessions**

**WEDNESDAY, MAY 5, 2004**

**1:30 p.m. – 2:45 p.m.  
OPENING SESSION**

**“Reaching Agreement Among Home and Community-Based Systems”**

Panel Members: Liz Rottger, Director, Marin County Division on Aging; Herb Levine, Executive Director, Independent Living Resource Center in San Francisco; Ann Guerra, Executive Director, FREED Center for Independent Living; and Ed Walker, Chair, California Mental Health Planning Council

**3:00 p.m. – 5:00 p.m.  
ISSUE SESSIONS**

**Treating Depression in Family Caregivers**

This session will look at an evidence-based model for treating depression in family caregivers. Participants will learn the value of integrating research into practice through an evidence-based approach to counseling that brings together the best of practice, clinical knowledge, and reliable treatment protocols. Responding to the needs of the caregiver is a positive approach to building successful partnerships at the local level.

*Facilitators: Donna Benton, Director, Los Angeles Caregiver Resource Center; and Donna Schempp, Program Director, Bay Area Caregiver Resource Center*

**Shared Housing - A Solution for Seniors and Persons with Disabilities**

Affordable and accessible housing is one of the biggest problems facing seniors and persons with disabilities. This session will discuss the benefits of developing shared housing arrangements that match home providers and home seekers, allowing for increased security, companionship, and independence. The session will also explore the necessity of communication, education, employment, and transportation in meeting the total needs of clients.

*Facilitators: Laura Fanucchi, Director of Programs, The Human Investment Project for Housing; and Kent Mickelson, Executive Director, Center for The Independence of the Disabled*

**Strategic Plan on Aging Implementation**

California just adopted a Long Range Strategic Plan on Aging (SB910) that addresses a wide range of issues that impacts the lives of seniors and adults with disabilities. This session will provide an opportunity to review the plan and strategies for implementation at the local and state level.

Participants will discuss how the plan relates to their communities' goals and efforts, and explore the potential for collaboration through implementation of the plan.

*Facilitators: Ray Mastalish, Executive Director, California Commission on Aging; and Celia Esquivel, Commissioner, California Commission on Aging*

## **THURSDAY, MAY 6, 2004**

**9:00 a.m. – 11:30 a.m.**

### **ISSUE SESSIONS**

#### **Assisting Caregivers in Transition**

Caregivers often need assistance when a family member is transitioning from a nursing facility to home. This session will highlight one model that uses a multi-agency and multi-disciplinary service coordination and integration approach that supports, educates, and empowers caregivers. This model for de-institutionalization is a joint project between the local Area Agency on Aging and the Independent Living Center serving Contra Costa County.

*Facilitators: Robert LeGresley, Executive Director, Independent Living Resource; and Eloise Sotelo, Supervisor, Aging and Adult Services, Contra Costa County*

#### **Reaching Out To Diverse Communities**

Awareness of service options is low within ethnically diverse communities. This session examines one model designed for service delivery development and capacity building within community-based organizations. This grassroots approach builds capacity in agencies, offers linguistically and culturally appropriate education and materials, and fosters the development of services. The presentation will share lessons learned in outreach to ethnic communities.

*Facilitators: Susan Howland, Director of Education, Alzheimer's Association of Los Angeles, Riverside, and San Bernardino Counties; and Coleen Nakamura, Project Manager, Alzheimer's Association of Los Angeles, Riverside, and San Bernardino Counties*

#### **Building a Grassroots Infrastructure for Advocacy**

An effective advocacy network raises awareness, provides support, and develops new leaders. This infrastructure-building session will look at the successful statewide advocacy model within the disability network that connects systems change advocates to local consumers, educates people with disabilities of all ages and their families about public policy issues, and raises the visibility of disability issues statewide. Participants will learn concrete steps by which to build a statewide advocacy network within their community.

*Facilitators: Patricia Yeager, Executive Director, California Foundation for Independent Living Centers; Mike Collins, Executive Director, State Independent Living Council; and Ben Harville, Chief, Department of Rehabilitation*

**1:30 p.m. – 3:30 p.m.**

### **ISSUE SESSIONS**

#### **Transitioning From the Nursing Home**

This session will review one successful project that provides a single point of entry service provider for individuals transitioning from institutional care or individuals who are at risk of institutionalization. The project assists individuals with disabilities, regardless of age, who are institutionalized and who are eligible for community-based services. Participants will learn how to partner with public and private agencies, and service providers in order to offer consumers as complete range of consumer-directed services as possible.

*Facilitators: Steven Shaw, Esq., Transitions Project Advisor, Community Resources for Independence; and Nancy Hall, Transitions Coordinator, Community Resources for Independence*

### **Expanding ADHC to Serve Adults with Disabilities**

As individuals in the regional center system age in the community, increased health care monitoring and services are required to maintain and maximize well-being. Adult day services provide a viable option for service delivery. The session will present a collaborative model between one regional center and an adult day services network that serves individuals with developmental disabilities and integrates them with an older population to access a wider range of services and care options.

*Facilitators: Diane Wong, Consultant, Adult Day Services Network of Alameda County; Janet Fortuna, Supervisor, Regional Center of the East Bay; and Jena Nawy, Program Director, Guardian Adult Day Health Care*

### **Mobility Training to Increase Use of Public Transportation Services**

Transportation service is one of the greatest needs among seniors and persons with disabilities. As the need for transportation grows, effective utilization of the service takes on a greater role in helping the transit system meet the demand while managing costs. This session will provide information about how one transit system created a Mobility Training Program to teach individuals about how to better use their transportation service and gain the mobility important to achieving a quality of life.

*Facilitators: J.D. Culver, Director of Mobility Options, Paratransit Inc.; and Kevin Welch, Leslie Bailiff, and Darlene Briscoe, Paratransit Inc. staff*

**3:45 p.m. -5:00 p.m.**  
**GENERAL SESSION**

#### **“Statewide Planning: Who Is This System For?”**

An examination of the various state plans serving the aging and disability communities to identify common goals and mutual agendas; California Commission on Aging, California Mental Health Planning Council, State Independent Living Council, and State Developmental Disabilities Council.

## **FRIDAY, MAY 7, 2004**

**9:00 a.m. – 10: 30 a.m.**  
**REPORT OUT**

#### **“Reaching A Consensus On Public Policy Principles”**

Participants will hear reports from Issue Sessions and recommended action steps on public policy principles that the disability and senior communities can embrace and work together to implement locally and statewide.

**10:30 a.m. – 11:30 p.m.**  
**CLOSING SESSION**

**Assemblywoman Lynn Daucher, Chair,  
Assembly Select Committee on Olmstead Implementation**

**Coordinated Leadership Conference  
May 5-7, 2004**

**Hilton Hotel - Concord, CA  
1970 Diamond Boulevard  
Concord, CA 94520**

**Registration**

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Business: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Full Registration \$195.00 (Includes Wednesday dinner; Thursday continental breakfast, lunch, and evening reception; and Friday continental breakfast) \_\_\_\_\_

Partial Registration \$120.00 (Please specify) \_\_\_\_\_

Wednesday and Thursday

Thursday and Friday

Guest registration for events \_\_\_\_\_

Wednesday dinner \$35.00

Thursday evening reception \$25.00

TOTAL \_\_\_\_\_

If you require special accommodations, please notify C4A no later than April 16, 2004.

Please make checks payable to: The California Association of Area Agencies on Aging (C4A)  
Credit Card payment not available.

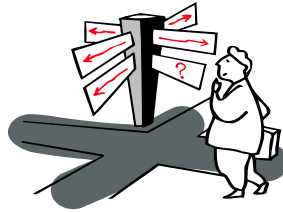
Submit checks and registration form to:  
C4A, 980 Ninth Street, Suite 700B, Sacramento, CA 95814  
Phone: 916-443-2800 Fax: 916-554-0111 E-mail: c4a@pacbell.net

No refunds for cancellations after April 22, 2004.

**MAKE YOUR LODGING RESERVATIONS NOW!!!**

## FREE TRAINING

A Pre-conference Training Opportunity  
at the California Association of Area Agencies on Aging 2004 Coordinated Leadership Conference



## Road to Driving Wellness:

**A Train-the-Trainer Program for Community Driving Safety**

***May 5, 2004 - 9:00AM to Noon***

***Hilton Hotel, Concord, CA***

**The Good News**—older adults are more mobile. In the past decade, the number of licensed drivers increased by 36 percent. By 2020, an estimated 40 million older Americans will be licensed drivers and most older adults are good drivers.

**The Bad News**— from our most recent annual figures, more than 5,400 older adults died in motor-vehicle crashes, and another 160,000 suffered nonfatal injuries

**How can we keep older drivers mobile without compromising their safety and the well being of others?**

Join the American Society on Aging (ASA) and The Older Californian Traffic Safety Task Force as we walk you through an engaging driving wellness class and activity program that you can take home and use in your community.

Receive ready-to-use materials, comprehensive background information, tips on conducting driving wellness programs on a shoestring and suggested participant outreach strategies. ASA is available to provide telephone technical assistance to help you set up your "Road to Driving Wellness" program.

**Who should attend?** Staff and volunteers interested in implementing older driver programs. Training is appropriate for individuals who: 1) will be implementing the program themselves; 2) have a staff person that will implement the program; or 3) will train volunteers to implement the program.

**Limited Registration Available!** To register, complete the attached registration form. For more information about the training contact Patti Yanocho at [pyanocho@projects.sdsu.edu](mailto:pyanocho@projects.sdsu.edu) or 619-594-3691.

This program is funded through a cooperative agreement with the Centers for Disease Control and Prevention and the National Highway Traffic Safety Administration.





## Registration Form

### Road to Driving Wellness:

#### A Train-the-Trainer Program for Community Driving Safety

Free Pre-Conference

California Association of Area Agencies on Aging Coordinated Leadership Conference

May 5, 2004

9:00 AM – 12:00 PM

Hilton Hotel, 1970 Diamond Blvd, Concord, CA

There is no cost to attend this program but registration is required as space is limited. Please print or type registration information

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Last Name

First Name

Degree(s)

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Title

---

Organization

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Agency

---

Mailing Address

---

City

State

ZIP

---

Phone

Fax

E-Mail Address

Please return completed registration form to:

Patti Yanocho  
Center for Injury Prevention Policy and Practice  
6505 Alvarado Road, Suite 208  
San Diego, CA 92120  
E-mail: [pyanocho@projects.sdsu.edu](mailto:pyanocho@projects.sdsu.edu)  
Fax: 619-594-1995  
Phone: 619-594-3691