



# TACC Triple-A Council of California

1600 K Street, 4<sup>th</sup> Floor Sacramento, CA 95814

Telephone: 916-322-5630 FAX: 916-327-1859

E-Mail: ccoa@cco.ca.gov

## GENERAL MEETING MINUTES - pending approval

January 28-29, 2003

Department of Aging

1600 K St., Sacramento, CA 95814

I. Call to Order The general meeting of the Triple A Council of California (TACC) was called to order by President Roberta King at 10:00 a.m., January 28, 2003.

### II. Executive Committee Members

Present: Natalie Ambrose, Mary Blankenship, Nancy Dolton, Mildred Johnstone, Helen Karr, Roberta King, Billie Taylor, John Wotherspoon

III. Roll Call A quorum was established. Those present:

PSA 1 Victoria Onstine	PSA 3 Mildred Johnstone
PSA 4 John Gallapaga	PSA 5 Jo Anne Weber
PSA 6 Bill Hollabaugh	PSA 7 Gerald Sharrock
PSA 8 Helen Karr	PSA 9 Joanna Selby
PSA 13 Bud Winslow	PSA 14 Dale Johnson
PSA 16 Don Owen	PSA 18 Morrie Abramson
PSA 19 Natalie Ambrose	PSA 20 David Wilder
PSA 21 Mary Blankenship	PSA 23 Bob Prath
PSA 24 Albert Newton	PSA 25 Edward Woods
PSA 27 Maureen Latimer	PSA 28 Richard Lundin (1 day)
PSA 30 Billie Taylor	PSA 32 Nancy Dolton
PSA 33 Beatrice Smith	PSA 3 Gail Locke (1 day)
PSA 20 John Wotherspoon (1day)	

Absent: PSA 2, PSA 10, PSA 11, PSA 12, PSA 15, PSA 17, PSA 22, PSA 26  
PSA 29, PSA 31

### IV. Announcements

President King requested members to give her a travel expense report indicating if their PSA is paying their expenses for this meeting. TACC will not hold an Executive committee meeting the April 1-2 CCOA Invitational Forum.

HK-3/7/03:Minutes128-2903a.tac

Jack Horak and C4A scholarships are available for TACC members to attend the April 23-25 Leadership Conference. The TACC Executive committee meeting is scheduled on Tuesday evening, April 22nd. The regular meeting is scheduled April 23, 9:00 a.m., and members can attend workshops on Wednesday and Thursday. TACC members do not have to stay over for C4A's meetings on Friday. TACC is invited to create a session within the theme "Time For A Change" to coordinate services for seniors and how that relates to our advisory counsel concerns.

- V. Motion to Approve Revised Agenda made by Helen Karr was unanimously approved.
- VI. Approval of Minutes of November 20-21, 2002 meeting. Motion made by David Wilder, majority approved with 3 abstentions.
- VII. Motion to accept Bylaws, with Executive Committee modification indicated, approved by the majority, two no's, two abstentions.
- VIII. PSA Reports (Attached): PSA 1, PSA 3, PSA 5, PSA 6, PSA 9, PSA 13, PSA 18, PSA 19, PSA 20, PSA 21, PSA 23, PSA 25, PSA 26, PSA 30, PSA 32, PSA 33.
- IX. Treasurer's and Executive Director (CCoA) Report made by Ray Mastalish.

There will be additional expenditures for new computers. Final approval was given by the Department of Finance (DoF) to use the \$14,000 carry-over. The CCoA budget includes travel for TACC members to attend the April 1-2 Invitational Forum. The Forum is the culmination of the Commission's field meetings held throughout the state. The Commission will make a statement of recommendations to the Secretary to address the statewide Long Range Strategic Plan for Aging.

Financial Report: Many Area Agencies are covering TACC travel expenses. However, with Department of Aging funding cuts impacting senior programs, there may be a domino affect on their ability to continue to support TACC travel. President King thanked Mr. Mastalish.

- X. Report from Coalition for Coordinated Advocacy, Derrell Kelch, Executive Director C4A

Mr. Kelch met with TACC President King, CCoA Executive Director Mastalish, CCoA Chair Dolton, and Mr. Tucker, California Senior

Legislature (CSL) Chair of Joint Rules Committee, regarding coordinated advocacy. The Coalition Mission Statement (from Mr. Kelch) will be sent out with these minutes. The Coalition is made up of twenty organizations, primarily service provider organizations. The Coalition is recognized by the Legislature as a voice for Home and Community Based Services. This year, the Coalition's efforts are to fight against proposed cuts. AARP has committed the use of their system for California conference calls. An advocacy coordinator will be hired. Mr. Kelch handed out "Budget Alert" information regarding this year's mid-year cuts and next year's budget.

Lunch break 12:00-1:00

XI. Ed Long, Department on Aging Monitoring Teams

Mr. Long gave an overview of what the California Department on Aging (CDA) monitoring team looks for when they review the Area Agency on Aging Advisory Council. The monitoring sessions are distinct from audits and focus on statutory and regulatory requirements that are contained in the packet that was handed out to members. The packet contains state and federal requirements and an unofficial copy of the Older Americans Act Section 306. The Older American's Act § 9403 recognizes advisory councils (TACC). Title 22 section 174.6 gives description of Area Agency on Aging. Most important is the unofficial OAA (306). The team monitors every two years and review programs, fiscal systems, contracting systems and most important, monitor (AB 2800) Community Based Services Programs. There is a beginning meeting and an exit meeting. During the exit review, what needs to be addressed is stated and recommendations are made to address the findings. Turn around time from visit to receipt of report should be 60 days. The Area Plan is about Older American Act broad mandates and should be the guiding document for the Agency. After analysis of finding, they look for Best Practices.

XII. Committee meetings. Legislative and health committees met until 5:00 p.m.

Reconvened at 8:50 A.M. January 29.

XII. Report from C4A Leadership Conference Planning Committee.

Bill Hollabaugh (PSA 6) stated that the Mission Task Force recommends TACC be part of C4A conference training sessions. The Spring Conference theme is "Integrated Delivery of Services." TACC will participate with C4A

and determine what issues relate to our advisory councils. Sponsors are needed and if TACC could find a sponsor to show our desire and support of the conference. President King thanked Bill for attending.

XIV. Coalition for Integrated Advocacy follow-up on Mr. Kelch's discussion by Ray Mastalish regarding advocacy steps.

TACC plays a critical role to help with advocacy and be part of the overall strategy of the Coalition. If TACC doesn't want to be involved in this critical role, Ray needs to be advised. The Coalition will put together information to help us be prepared and will give us talking points. The important hearings will probably be from April forward. TACC needs to understand what some of these cuts mean in our districts, and find out when the Assembly and Senate Budget Committees are held. Pocket rosters with Legislative contact information will be sent to TACC members when they are available. The rosters include listings of Budget Committee members. The Coalition has had success going to the Legislators.

XV. Linda Terry, Director Department of Aging.

"How to solve this budget crisis - plus federal deficit of 160 billion." The issue is how to balance the budget without hurting real people. The CDA's core principals are Health and Safety. Federal dollars cannot be put at risk by not having money for state match. The CDA looked at where it could cut and looked at state funded programs. OAA programs are secure. CDA looked at state match - like Family Care 25%, Title III 10% - using housing money and stay-well dollars to meet that match. CDA looked at what the Legislators did in the past. If services are moved to county level, the county will have to raise taxes. "Will people be better served if we make a systematic change? We need to be careful about how we change the system." AB 2800 (1996) gave Area Agencies the authority to move money around if they can justify it. They have to demonstrate a local need and hold public hearings and the programs must be put in Area Plan. The Legislature is asking for ideas and a way to look at Medi-Cal. TACC needs to know about their PSAs and look at AB 2800 to understand its authority.

Ray Mastalish added that this is complicated and challenging. We can take positions, but once we do, we must make sure that our action doesn't make matters worse. Look at the position you take because if you ask for no cuts in an area, there will be cuts someplace else.

XVI. Update on the Olmstead decision by Ben Harvell, Chief, Independent Living Centers, Department of Rehabilitation

What percentage of people are in nursing homes and should not be there? Seniors go into a nursing home after acute care, then rehab, then home. There is an Olmstead plan draft available at [www.CHHS.ca.gov/Olmstead](http://www.CHHS.ca.gov/Olmstead). Elder and dependent adult abuse, neglect and self-neglect is an issue, but is not in the draft.

XVII. Announcements: Richard Lundin (PSA 28) announced that Dr. Ken Smith passed away from cancer. His family received a United States of America flag from President Bush. We will miss Dr. Smith.

TACC Executive meeting will be held on the evening of April 22, and the regular meeting is scheduled at 9:00 AM, April 23. The Leadership Conference commences at 1:00 PM April 23. It was also suggested that one of our session themes should be how to beef up the grass roots advocacy system.

XVIII. Legislative Committee Report

Eleven TACC members attended the Legislative meeting and approved the Legislative Committee continue to be active. Ed Woods gave a short overview of the meeting he attended where Patti Berg and Lynn Daucher talked about their bills. Chair, Jerry Smith, has drafted a letter that TACC can send regarding budget cuts, how to preserve programs for seniors, and where the Legislature can obtain funds. Any member can provide input and give it to Roberta in writing so it can be incorporated into the draft. This letter can be used for PSA chairs to use for advocacy. The Committee would like to invite Legislators or their aides to our meetings. John Gallapaga is the liaison from TACC to the Senior Coalition.

XIX. Motion made by John Gallapaga for TACC to send letters of support and thanks to bill authors of the following: Motion approved by majority.

AB 1 (Berg), federal funds if budget stalemate;  
AB 41 (Daucher) senior trust fund to aid budget stalemate;  
AB 160 (Horton) electronic transfer of payments;  
AB 137 to remove CSL funding sunset provision.

- XX. Motion made by Nancy Dolton that TACC members take Legislative Committee recommendations back to their PSAs. Motion approved by majority.
- XXI. Critique of this meeting and appoint a committee to arrange for the May 28-29, 2003 meeting Training Session.

Nancy Dolton commented that Ed Long's presentation should be given every two years. Bill Hollabaugh stated that we were challenged and asked if the State plan reflects our Area Plans?

Roberta King stated the need for a theme and planning for the May meeting. Will have Public Authority at the April or May meeting. Some ideas for themes included: Education on how to work on planning with our local Areas; work with Jericho Interfaith Advocacy to hold some leadership conferences and be partners in community care; health and prescription drug programs. July focus is health. President King appointed Bill Hollabaugh to work on the May meeting.

Meeting adjourned 12:00 noon.

Respectfully submitted by:

---

Secretary Helen Karr

March 3, 2003

## PSA REPORTS

PSA 1-Victoria Onstine reported on their "Strengthening" classes. They received a CAT grant and will hold a Health Alliance with "Wellness" as the overall theme. Their programs include an Info Van, "Accident in the Home Fall Prevention", and Caregiver's training, registry and support. They wrote letters to Congressman Thompson supporting Background Checks.

PSA 3 -Mildred Johnstone reported that Senior Companion and Foster Grandparent budget cuts will hurt seniors in her area.

PSA 5-Jo Anne Weber reported on their 25<sup>th</sup> Anniversary Jubilee year attended by three hundred people. Their program, "Bitter Pills", is focused on how to manage your medications.

PSA 6-Bill Hollabaugh: San Francisco has consolidated Aging and Adult Services. Parking tax is used to pay for Senior Services.

PSA 9-Joanna Selby Alameda has a "Sit and Strength " program using 10" wide rubber bands. Also has a Senior Injury Prevention Program (SIP).

PSA 13-Bud Winslow asked for information regarding how Medicare reimbursement rates are determined. Santa Cruz is losing Medicare doctors because of low rates because it is classified as a rural county. He was advised to contact the Center for Medicare Services.

PSA 18-Morrie Abramson Promote legislation that supports additions (not deductions) to Older Americans Act. Ventura County has 2000 people on Brown Bag. Yellow Cab had a \$68,000 grant for a year and but wasn't capable of picking up handicapped. Road Runners will pick up handicapped. Human Resource Services were consolidated by combining Public Guardian, MSSP, IHHS and Long Term Care programs into one area. Now, no need for a social worker from each area, only need one social worker per person.

PSA 19-Natalie Ambrose: The advisory council established a round table involving mental health, child family services, and other departments. It worked with their Supervisors to sponsor a health Fair at Santa Anita, 4000 people attended. Of their one hundred twenty advisory councils members, one third of council members work on health care. The nutrition committee staff gave awards of thanks.

PSA 20-David Wilder reported his advisory council is reviewing Bylaws. Mr. Wilder would appreciate "Best Practices" from other PSAs, and would appreciate copies of your PSA Bylaws. The State of California Secretary of State's web site offers online training for "Conflict of Interest" that suffices to meet requirements.

PSA 21-Mary Blankenship: Developing 501C3s to provide funding for unmet needs in the Area Agency on Agency system, first will be MOW. Developing 501C3s to provide funding for unmet needs in the Area Agency on Agency system, first will be MOW. The advisory council has started using one of their required meetings to train new advisory members. Ray Mastalish has a special presentation on the Older American Act that outlines our roles and responsibilities.

PSA 23-Bob Prath reported on a Feeling Fit program, using Junior college P.E. students, is held mostly at senior centers by using chair exercises. The program is on TV and has twenty sites. Some 3000 people are involved and many are throwing away their medical aids. The Board of Supervisors is now funding "Vital Aging" a commitment to a low cost health program. One-time money funds are available for "WWW Network of Care". It is a web shopping center, funded by Robert Wood Johnson, to help caregivers get services. Eighty percent of the uses are caregivers. Nineteen counties have this program that is used for education including medication.

PSA 25-Edward Woods: A Chair Dancing video (\$10 through Kaiser), 30-min exercise program distributed to 15 senior centers in LA. The exercise is done 1/2 hour before meals are served.

PSA 26-Roberta King: Ukiah closed nutrition site. Now, Plow Shares serves a lunch a day, helps with laundry and with resumes, took-over home delivered meals and increased MOW clients

PSA 30-Billie Taylor: Her advisory council studied the number of people who were homebound for two weeks after a hospital visit, but continued to have meals delivered for 6 months. They will continue to monitor MOW recipients.

PSA 32-Nancy Dolton: The advisory council plans to educate health providers, city council and apartment managers about what services are available before a decision is made to evict an elder.

PSA 33-Bea Smith: Kern county has consolidated. There had been 5 areas, now all under one roof in one place. A Long Term Care Conference will be held in November. The advisory council held an "Employee Recognition Day", and held a



volunteer recognition program during a regular meeting. They revised their Bylaws. They conducted an orientation for new commissioners and developed a manual for new commissioners that lists who's who is what department and asked the Legislative Committee to develop a manual that includes timelines to give comments to the Board of Supervisors.