



# TACC – TRIPLE-A COUNCIL OF CALIFORNIA

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## GENERAL MEETING MINUTES

Los Angeles, CA

November 14 - 15, 2012

### WEDNESDAY, NOVEMBER 14, 2012

- **Call to Order – Antonio Rodella, TACC President**

President Rodella called the meeting to order at 10:13 a.m.

- **Pledge of Allegiance**

Tucker led the Pledge of Allegiance.

- **Welcome to new TACC members**

President Rodella welcomed new TACC member Jeri Johnson, PSA 30.

- **Introductions and Establish a Quorum**

TACC members introduced themselves.

Present:

PSA 4	Albert Blum	PSA 28	Richard Lundin
PSA 5	Allan Bortel	PSA 33	Marti Overfield
PSA 27	Judith Eisen	PSA 23	Kathy Randall
PSA 25	Amos Fried	PSA 22	Antonio Rodella
PSA 19	Marilyn Fried	PSA 6	Cathy Russo
PSA 21	Erwin Fromm	PSA 11	Terry Sonnefeld
PSA 18	June Glasmeier	PSA 11	Robert Reinarts
PSA 30	Jeri Johnson	PSA 8	Evelyn Tom
PSA 29	Vicki Ludwig	PSA 17	Martin Tucker
PSA 12	Marge Warner	PSA 20	David Wilder
PSA 7	Shirley Krohn		

A quorum was established

Guests: Brenda Vazquez, James Don, Sherry Revord, Ericka Danczak, Don MacAllister, Bud Sales from the San Diego Advisory Committee

- **Approve Agenda**

The November 14-15, 2012 TACC agenda was approved as circulated.

M/S/C (Warner/Wilder)

APPROVED

- **Presentation #1: The secrets to and successes of Collaborative Advocacy**  
**Speaker: Sherry Revord, Social Action Coordinator, St. Barnabas Senior Services, Los Angeles Aging Advocacy Coalition (LAAC)**

Ms. Revord discussed the important role the LAAC has in educating individuals about the aging population at the federal, state and local levels and offered her assistance to new advocacy.

- **Presentation #2: Exergamers Wellness Club**  
**Los Angeles City AAA Speaker**

James Don, assistant manager for Los Angeles Department of Aging and Brenda Vazquez, director for the Disease Prevention and Health Promotion program of Partners in Care, discussed the benefits and success of the Exergamers Wellness Club. The program focused on older adults with chronic conditions and sedentary seniors with the goal of enabling seniors to manage their health and restore mobility while having fun.

Through the use of technology the program has helped seniors to improve their physical, mental and social well being through interactive gaming. Microsoft Corporation provided X-Box equipment and software/programming to each LA City multipurpose senior center to record the participants' information and track progress.

## **PSA Reports**

Vicky Ludwig- PSA 29 reported the Advisory Council's completion of their senior center assessment. Concerns have been identified; now planning to develop a new facility. There has been a shift from congregate to home delivered meals.

Allan Bortel - PSA 5 reported on the recently held Marin Senior Information Fair that attracted attendees from the east bay. The Advisory Council received county funding as well as a private sponsorship for the event. The fair provided information, flu shots and entertainment. The advisory council is currently working to expand the Village Movement throughout the county. County transportation is provided by a \$10 surcharge on vehicle license fees; have launched free taxi rides for the elderly.

## **Meeting recessed for lunch at 12:10 p.m.**

Meeting recessed for lunch.

- **Presentation # 3: Maximizing Information and Assistance (I & A) Opportunities**  
**Speaker: Ericka Danczak, Orange County Office on Aging**

Ms. Danczak reviewed the role of Information and Assistance (I&A) and recent transition of Aging and Disability Resource Centers (ADRC). Rather than a single point of entry, ADRC serves as 'no wrong door,' enabling callers to connect to the right places to find services. ADRCs combine information and assistance (I&A), independent living services and Medi-Cal (Cal-Optima). I&A's function as a call-center continues, though the transition to ADRC has brought walk-in clients. I&A specialists work in the community to help individuals who cannot come in to the ADRC. An online resource directory is available.

- **Break**

Meeting reconvened at 2:56pm

- **Approve Minutes of August 8-9, 2012 Meeting**

The August 8-9, 2012 General Meeting minutes were approved as circulated.

M/S/C (Overfield /Blum)

APPROVED

David Wilder abstained.

- **Public Comment**

Comment that San Diego Area Agency serves not only seniors but persons with disabilities.

- **Remarks from Antonio Rodella, TACC President**

None

- **California Commission on Aging Report – Sandi Fitzpatrick**

Fitzpatrick announced Sandy Williams' resignation from TACC. The next CCoA meeting will be December 3-4, 2012 in Long Beach in conjunction with the State Independent Living Council (SILC) meeting. The emphasis of this joint meeting will be on federal issues facing the aging and disability communities. In August, Assembly Speaker Perez appointed new commissioner Paul Downey from San Diego. Several commissioners' terms will end in 2013; anticipate several new appointments.

- **Executive Committee Report – Antonio Rodella**

President Rodella provided the Executive Committee Report. The next TACC meeting will be February 6-7, 2013 at the Vagabond Inn in Sacramento.

- **PSA Reports – TACC members**

Marge Warner – PSA 12 reported a calendar providing information of all events occurring in the county has been added to the AAA's website. The AAA also has a Facebook page.

Al Blum – PSA 4 reported the Advisory Council lost their chair and Sierra County representative; next year they will be losing the Executive Director. The Area Plan for 2012-2016 has been issued. Considering extending contracts for one year and not going out with RFP's.

Cathy Randall - PSA 23 reported the advisory council is working with the Community-based Care Transition Program and partnering with thirteen hospitals in order to decrease the readmission rates to hospitals. Some partners include Aging and Independent Services (AIS), Scripps and UC San Diego Health System. AIS received almost \$8 million from the Centers for Medicare & Medicaid Services to implement this program in San Diego. AIS is a count-integrated Area Agency on Aging. Paul Downey, President of San Diego Senior Community Centers, was recently appointed to the CCoA.

Judith Eisen – PSA 27 reported that Sonoma County just completed and submitted an application for a grant. Advisory Council held their annual training day in August on "Ageism", defining what it is, how to recognize it and what to do about it. Outreach efforts continued on Senior Day at the Sonoma County Fair providing information and brochures, senior resource guides and annual reports. Volunteer driver and Car-Fit program is doing

well. Elder Protection Workgroup continues to provide presentations on the prevention of elder abuse. Realignment funding for contracts for congregate and home delivered meals was received.

Terry Sonnefeld - PSA 11 reported on efforts to prepare replacement officers in the event that an Advisory Council member is unable to make a meeting. The AAA is currently contracting with Headstart for meals and preparing an unmet needs study. No written report submitted.

Richard Lundin PSA 28

The Advisory Council is planning its third senior talent show which includes singing, dancing and acting. The cost is \$40 a ticket. The Advisory Council holds a joint meeting with the governing board at least once a year. Napa County is now in the process of establishing a senior court. No written report submitted.

Marti Overfield - PSA 33 Commission on Aging Foundation is a 501C3, set up in 1997 or 1998. Money has been raised by selling tables to vendors at the Elder Abuse Conference which has a huge turnout. This year about a \$1000 was raised through the Senior Celebration.

Cathy Russo - PSA 6, reported that the Legislative subcommittee meets before the regular meeting to review legislation and write federal or state letters. The Coalition Agency Serving the Elderly (CASE) will provide the presentation "there ought to be a law" to CSL. No written report submitted.

Jeri Johnson - PSA 30 This is Ms. Johnson's first TACC meeting. The Advisory Council along with AARP, Catholic Charities and other members of the community established the Consolidated Transportation Service Area to assist isolated seniors and persons with disabilities by providing access to public transportation and use of alternative means of transportation.

Marilyn Fried – PSA 19 reported the Advisory Council is working on the event "LA Seniors Walk". Plan is to educate seniors, senior centers and others in the community on the benefits of walking, how to do it safely and make it fun. A brochure will be developed. The anticipated event day in May has been postponed due to staffing shortages. The Advisory Council is working jointly with another county agency to develop "On the Moves Riders Club," a program to introduce seniors to public transportation.

Evelyn Tom – PSA 8 reported on the importance of addressing the needs of isolated seniors. No written report submitted.

Amos Fried - PSA 25 reported the Advisory Council is collaborating with Metro System. Hunger among seniors is one of the top 10 concerns of the Council on Aging committee. Fuel cost has impacted volunteers' delivery of meals and production of meals. The Advisory Council will likely join in a food insecurity summit inviting the food banks that operate and everyone involved in providing food to attend and work toward solving this issue.

Erwin Fromm - PSA 21 reported that Desert Health Care approved a grant for the Advisory Council resulting in a full-time social worker who will be on-sight to implement the CTI program. A grant for the Retired Senior Volunteer Program (RSVP) was recently

submitted to the Coachella Valley Spotlight. The TRIP program received gap grant funding from Angel View Crippled Children's Foundation, Inc.

Martin Tucker – PSA 17 reported a policy on site closure and procedures for closure has been developed. A template will be provided to staff.

David Wilder - PSA 20 reported on the transportation reimbursement program. Healthy Aging Program will hold a Healthy Aging Conference in 2013 for medical professionals and consumers.

Antonio Rodella – PSA 22 Reported on the renovation of Oasis Senior Center where the Advisory Council met. Council requires 8 hours of work monthly to get mileage reimbursement; can deny continued membership if members do not contribute time; use a time sheet to track council work.

- **Recess**

Meeting recessed at 4:35 p.m.

## **THURSDAY, NOVEMBER 15, 2012**

Meeting reconvened at 8:30 a.m.

- **Special Welcome**

Cynthia Banks, President of the California Association of Area Agencies on Aging (C4A) and Derrell Kelch, C4A Executive Director, welcomed TACC members to the C4A Annual Meeting and Allied Conference.

- **PSA Reports – TACC members**

June Glasmeier – PSA 18 Advisory Council will focus on committee work; the Legislative Committee will be especially busy.

Shirley Krohn -PSA 7 There is discussion focused on Elder Court and the potential consolidation under a different judge.

- **Presentation # 4: The Integration of Aging and Veterans Services: A model approach in Orange County**

**Speaker: Sylvia Mann, Executive Director, Office on Aging**

This presentation was not made.

- **General Discussion**

- **Next Meeting – February 6-7, 2013 in Sacramento**

- **Adjournment**

President Rodella adjourned the meeting at 9:50 a.m. TACC members attend the C4A Conference Plenary Session: Analyzing the National and State Election Returns.